

# WELLNESS COUNSELING SERVICES

## FEE OPTIONS

**Wellness Counseling Services (WCS) is a fee for service practice and does not accept insurance payments for services at this time.** WCS accepts Health Savings Account cards (HSA), Flex Savings Account cards (FSA), cash, check, or credit cards, to be paid at the time the session is held. Rebekah Miller is an out-of-network provider, which means that she does not bill your insurance company directly. If you were to use out-of-network benefits, she would provide a receipt that you would submit to your insurance company for reimbursement. Please contact your insurance provider to ask if your benefits include reimbursement for out-of-network providers.

**When needed, you may request to use the sliding scale fee options.**

### **Recommended Sliding Scale Fee Based on Household Income:**

\$91,000 and Higher	\$190
\$71,000-\$90,000	\$180
\$51,000 to 70,000	\$170
\$31,000 to \$50,000	\$150
\$30,000 and below	\$130

### **Low Fee Option:**

Your WCS therapist understands that it can be difficult to pay for therapy, and will always do her best to work with what each person can afford. On a limited basis, WCS offers low fee sessions to those who don't have the resources to afford the sliding scale. A number of day-time slots are reserved for this option. Please ask if any low fee sessions are available.